



Welcome to Combined Interagency 2 February 2023

LAKE
MACQUARIE
CITY

- 9.35 Welcome and Acknowledgement**
- 9.40 Guest Speakers:** One Door Mental Health, Newcastle Mental Health Service, Lifeline, Relationships Australia
- 10.30 Morning Tea**
- 10.45 Speed Networking – introduce self, focus for the year**
- 11.30 Close**



We're here to help

National Crisis Line

13 11 14

Crisis Text Service

0477 13 11 14

Crisis Chat

[Lifeline.org.au/crisischat](https://lifeline.org.au/crisischat)

Counselling

No cost to client. Face-to-face and video.
Call 1300 152 854 to book

Visit: hunter.lifeline.org.au



Relationships Australia.
NEW SOUTH WALES

relationshipsnsw.org.au

1300 364 277

Men's Behaviour Change Program



Nurturing Souls by Jessie Birk 2008

"A boldly colourful interpretation of the idea that people who have suffered generations of pain need support which is easily accessible and culturally safe."

Making a service such: means that stories are shared and respected is also essential the barriers that prevent access are made as permeable as possible."



Women's Safety

At the core of the program is women and children's safety.

Working with police and services, we provide a dynamic, safety-focused answer to Family Safety. The Women's reports of safety is the basis of our risk assessment and safety planning.



Men's Behaviour Change Team- Hunter

Team Leader – Sian Ord

Women & Children's Advocate – Fran

Men's Caseworker 's – Simon, Sally and Jamie

All of the team are

caseworkers/group leaders of either -

Taking Responsibility Program or Women Choice Change



Purpose of the Program

Men are asked to own their past use of violence. Without blaming their partner, the court etc , denial, minimisation and justification. First in individual sessions and then in Group Work.

Men are asked to own their choice to use violence and adopt relationship strategies based on respect, safety and equity





Men's Choice To Change

Men are asked to own their past use of violence. Without blaming their partner, the court etc , denial, minimisation and justification. First in individual sessions and then in Group Work.

Men are asked to own their choice to use violence and adopt relationship strategies based on respect, safety and equity



The Process:

Intake- Phone assessment to assess safety/risk/appropriateness/ gauge readiness/build rapport

Assessment phase- face to face centre-based appointments with an MBC Caseworker. At this stage we are assessing for program and potentially group readiness. We collect information on AVO's , Abusive Behaviour checklist, other supports and needs of the man. An important part of the 1st assessment meeting is to obtain the contact information of the man's partners and former partners (especially where there are children in this relationship)

This process can be between 2- 4 visits as each individual man is different and it depends on many factors, accountability, level of crisis, other co-existing issues ie homelessness, mental health and AOD issues, complexity of the level of violence

Casework- Once a man has been assessed as ready and appropriate for the program, he is held in casework to further develop group readiness skills, increase awareness around his use of violence and its impacts and develop and work on his goals until a place becomes available in the Taking Responsibility Groupwork Program.



Taking responsibility Group Program:

18 weeks of weekly 2.5 hour group sessions

3 x 6 week modules:

- 1. Awareness of the self**
- 2. Awareness of Other**
- 3. Awareness of the big picture**

Continuity of integrated case work



Post Group

Continuity of integrated case work

Go around again?

Maintaining Safety Group

A monthly Group for men who have completed Taking
Responsibility



Working Together (internally)

Regular team meetings between RA Case Workers and provides focused and strong team-led risk assessment and support. This support is responsive, agile and highly effective in creating a safety net for the family.

This additional support may occur during breach of AVOs, unsafe behaviours, or stalking of former partners, contact with children.



Working Together (externally)

We collaborate with mental health providers, family, women's and men's services and government agencies to support family safety



FAMILY SAFETY TEAMS IN RELATIONSHIPS AUSTRALIA NSW

Hunter/ Newcastle

City of Sydney

Blacktown – English and Arabic Speaking Teams

Wollongong/ Illawarra

Online – servicing men and current/former partner who don't have access to face to face service.

Call for referral Relationships Australia **1300 364 277**

Relationships Australia
NEW SOUTH WALES

Questions??



familysafetyenquiries@ransw.org.au
1300 364 277

Broadmeadow Office 49401500

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relationshipsnsw.org.au

1300 364 277

RELATIONSHIP EDUCATION PROGRAMS



Relationship Education Program

A team of group facilitators who deliver psychoeducational workshops & seminars for women, men, children & adolescents, parents, couples & families to build healthy relationships





**Newcastle, Central Coast &
Surrounding Areas**

Face to face and online

*RA Office: 4-6 Heddon Rd, Broadmeadow
Other Community Organisations
Community Hubs
Rehabilitation Centers
Schools*



Workshops for Men

Managing Anger (8wks)

Men and Relationships (8wks)

Managing Strong Emotions
(6wks)





Workshops for Women

Self Esteem & Communication
(8wks)

Women Choice & Change
(8wks)

Managing Strong Emotions
(6wks)





Children & Adolescents

Clinicians work with schools to create programs that are tailored to meet needs

Understanding Me (4wks)

Healthy Relationships (4wks)





Parents

Kids in Care (6wks)

Parenting After Separation (6wks)

Bringing Up Great Kids (6wks)

Circle of Security (8wks)

Living with Teens (seminar)





Couples

Couples Communication
(1 day seminar)

Proud Relationships (6wks)
tailored especially for the
LGBTQIA+ community

(seminar)





Referral Process

Warm Referrals for Groups

Contact Team Leader Danielle Barber

P: 4940 1500

E: danielleb@ransw.org.au

Online Referrals for Individuals

W: <https://www.relationshipsnsw.org.au/group-workshops/>

E: REPCentralEnquiries@ransw.org.au



Assessment Process

- Phone Assessment
- Waitlisted
- Group Offers

Cost: Free for Aboriginal & Torres Strait Islander people
Sliding Scale based on income
(no one turned away due to inability to pay)



Questions??



Next Interagency Meetings

LAKE
MACQUARIE
CITY

Newcastle

Thursday 4 May

9.30 – 11.30

Venue TBC

Lake Mac

Thursday 6 April

9.30 – 11.30

The Place and Zoom