

# **Welcome to Lake Macquarie Interagency 4 April 2024**

**LAKE  
MACQUARIE  
CITY**

- 9.35 Welcome and Acknowledgement**
- 9.40 Guest Speakers**
- 10.30 Morning Tea**
- 10:50 Guest Speaker continued**
- 11:00 General Updates from attendees**
- 11.30 Close**

An aerial photograph of a coastal landscape. The foreground is dominated by dense, low-lying green vegetation. A narrow, light-colored path or road winds through the vegetation from the bottom left towards the center. To the right, a sandy beach stretches along the coastline, with gentle waves breaking onto the shore. In the background, a hillside with several houses is visible under a bright, hazy sky. The overall scene is bathed in warm, golden light, suggesting late afternoon or early morning.

***Welcome to Country  
Bindi Flook - LMCC***



**Tony Ellitt**

Community Planner Youth and Safer  
Communities

Lake Macquarie City Council



# Tony Ellitt

Community Planner – Youth & Safer Communities

## Young People

Engaging and supporting young people to be actively involved in decision-making and the public life of the City.



Seek Government funding for initiatives like Youth Week and Holiday Activities, and work with local communities to ensure young people are provided with access to local recreation and social opportunities.



Strengthening the connection of young people with education and community to support their positive participation in society.



# Safer Communities (Crime Prevention)

Build social cohesion and co-operation between organisations, agencies and community members to make the community safer for all members.



Educate vulnerable community members so that they are less likely to become a victim of crime.

Ensure that places, spaces and structures are designed in ways that reduce the likelihood of crime occurring.



# Youth Week 2024

Thursday 11  
April – Sunday  
21 April



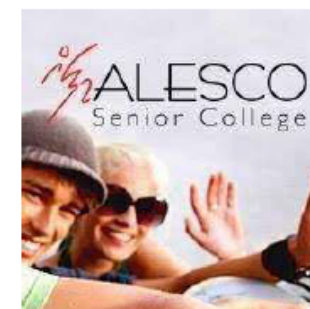
Council and NSW Government are funding seven activities for young people during Youth Week 2024 costing approx. \$10,000



Importantly, this is an opportunity for community workers to support families and young people to have their say by participating in a range of creative and great fun activities.

The seven includes two activities funded will be limited to school communities only:

Alesco Senior College will be delivering a Youth Arts Market and Rainbow Run in Cardiff for the students from several campuses



Warners Bay High School will be working with the Tangaroa Blue Foundation to conduct a student citizen science project and site care program at a sensitive ecology site in the area



# Youth Week 2024

Thursday 11 April – Sunday 21 April



On Friday 12 April from 3.30pm-6.30pm Police Citizens Youth Club (PCYC) Morisset will deliver Colour Run, Sports & Art Activities at their Morisset facility



On Wednesday 17 April from 1:30pm – 4:30pm Arise Community Support will deliver a Colour Run, Water and Sport Activities at Baxter Field, Marks Point

On Thursday 18 April from 10am – 2pm Sugar Valley Neighbourhood Centre will deliver an Aboriginal cultural arts workshop from their centre in West Wallsend



On Friday 19 April from 1pm – 3pm Community Activities Lake Macquarie (CALM) will deliver a podcast content creation workshop from their Toronto Workshop (places limited, registration necessary)

On Friday 19 April from 4pm – 7pm Swansea Community Cottage will deliver a 2-On-2 basketball competition and social night including BBQ and DJ Music at the Swansea Centre





During the April School Holiday Break (12 April – 29 April) Council has obtained funding from Regional NSW to deliver seven free activity sessions for young people across the area.

These activities are being delivered in locations easy to access for young people in places where they already hangout.



**LAKE MACQUARIE CITY** FREE HOLIDAY ACTIVITIES FOR YOUNG PEOPLE  
APRIL 2024

**Tuesday 16 April, 1-4pm**  
Pop-up sports activities\*  
Soccer Field, Marks Point

**Thursday 18 April, 1-4pm**  
Skateboarding clinics\* and pop-up sports activities\*  
Bonnells Bay skatepark

**Friday 19 April, 1-4pm**  
Pop-up sports activities\*  
Charlestown oval and stage

**Tuesday 23 April, 1-4pm**  
Skateboarding clinics and competition\* plus pop-up sports activities\*  
Bernie Goodwin Memorial Park, Morisset

**Thursday 25 April, 1-4pm**  
Pop-up sports activities\*  
Pasterfield Sports Complex, Cameron Park

No bookings required.

**LAKE MACQUARIE CITY** | **GRUNOFA** | **NSW GOVERNMENT** | **Regional NSW**

\*Skilled coaching provided by mentors: Labe Macquarie. Contact Ray on 0424 951 175 for more. Female and male coaches provided by Geedy's Skateboarding.

www.healthylakequarie.nsw.gov.au | 02 4971 0133

# Regional NSW Youth Holiday Break Activities



Importantly, this is an opportunity for community workers to support families and their young people to participate in a range of great fun and sporty activities and their younger siblings are welcome also.



In addition to achieving Regional NSW outcomes for the provision of free and accessible activities for young people, these activities ensure that young people are supported to create a sense of positive ownership and participation rather than only left to amuse themselves.

# Regional NSW Youth Holiday Break Activities



Regional  
NSW



LAKE  
MACQUARIE  
CITY

More info: Search for **‘Young People’** on Council’s website and check out the Youth Week & Youth Activities pages

 [LAKEMAC.COM.AU](http://LAKEMAC.COM.AU)  [LAKEMACCITY](https://www.facebook.com/LAKEMACCITY)  [OURLAKEMAC](https://www.instagram.com/OURLAKEMAC)



# **Sheena Harvey & Marissa Wilson** Volunteers

Awesome Lake Mac

FORWARDING THE INTEREST  
OF AWESOME IN THE  
UNIVERSE, \$1000 AT A TIME



PRIVATELY FUNDED \$1000 CASH MICRO GRANT –  
NO STRINGS ATTACHED

# What is Awesome Lake Mac?



1. Bang for the Buck
2. Local
3. No Strings



**AWESOME  
FOUNDATION  
LAKE MAC**



ACCESSIBLE  
in the city



Imagine carrying your life around in garbage bags, from one home to another. For many children living in foster care this is a reality.



businesses can donate suitcases, or find the

**Formal Wear THRIFT SHOP**

STUDENTS IN LAKE MACQUARIE ARE INVITED TO BROWSE TRY AND TAKE DRESSES, SUITS, SHOES & ACCESSORIES OF ALL FOR FREE!

VENUE: TORONTO HIGH SCHOOL  
DATE: SATURDAY 24TH AUGUST



# Our Grantees

YOGA MAGIC LAKE MAC  
By Clio Badenhorst | October 2019

Baby in Time  
By Remy Ellicott | August 2019

STUDENTS IN LAKE MACQUARIE ARE INVITED TO BROWSE TRY AND TAKE DRESSES, SUITS, SHOES & ACCESSORIES OF ALL FOR FREE!

LAKE MACQUARIE FORMAL WEAR EVENT  
By Madelyn Smith | July 2019

## ARE YOU READY TO GET AWESOME!?

Just fill out the application below with information about yourself and the details of your project.

The screenshot shows a web browser window displaying an application form. The form has a light gray background and is titled "ARE YOU READY TO GET AWESOME!?". Below the title, there is a sub-header "Just fill out the application below with information about yourself and the details of your project." The form contains several fields: a dropdown menu for "Select chapter to apply to" with "Lake Mac" selected; a text input field for "Your name"; two text input fields for "Email" and "Phone number"; and a text input field for "Project title". The form is displayed on a Windows desktop with a taskbar at the bottom showing various application icons.

<https://www.awesomefoundation.org/en/chapters/lakemac>

Quick and easy online application

Application stays 'live' even if you pitch and don't 'win'

Pitch is relaxed and friendly – (Just 4 mins max for the cash)

Share your passion with us!

# How to apply



**AWESOME  
FOUNDATION  
LAKE MAC**



[lakemac@awesomefoundation.org](mailto:lakemac@awesomefoundation.org)

<https://www.awesomefoundation.org/en/chapters/lakemac>



Connect with us!



**AWESOME  
FOUNDATION  
LAKE MAC**



# Nathan Burford

Orientation and Mobility Specialist

Guide Dogs

April 2024

# Services for people with Low Vision and Blindness

**Nathan Burford**

Certified Orientation and Mobility  
Specialist (COMS)

**Guide Dogs.**



# Acknowledgement of Country

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Guide Dogs acknowledges Aboriginal and Torres Strait Islander peoples - including of course the local Worimi and Awabakal Peoples - as the First Peoples and the Traditional Custodians of the lands on which we live and work. We pay our respects to Elders past and present, and emerging, and extend that respect to all Aboriginal and Torres Strait Islander peoples.

**Guide Dogs.**



# Outline

Guide Dogs (NSW/ACT)

Low Vision & Blindness

Overview of services

How to refer

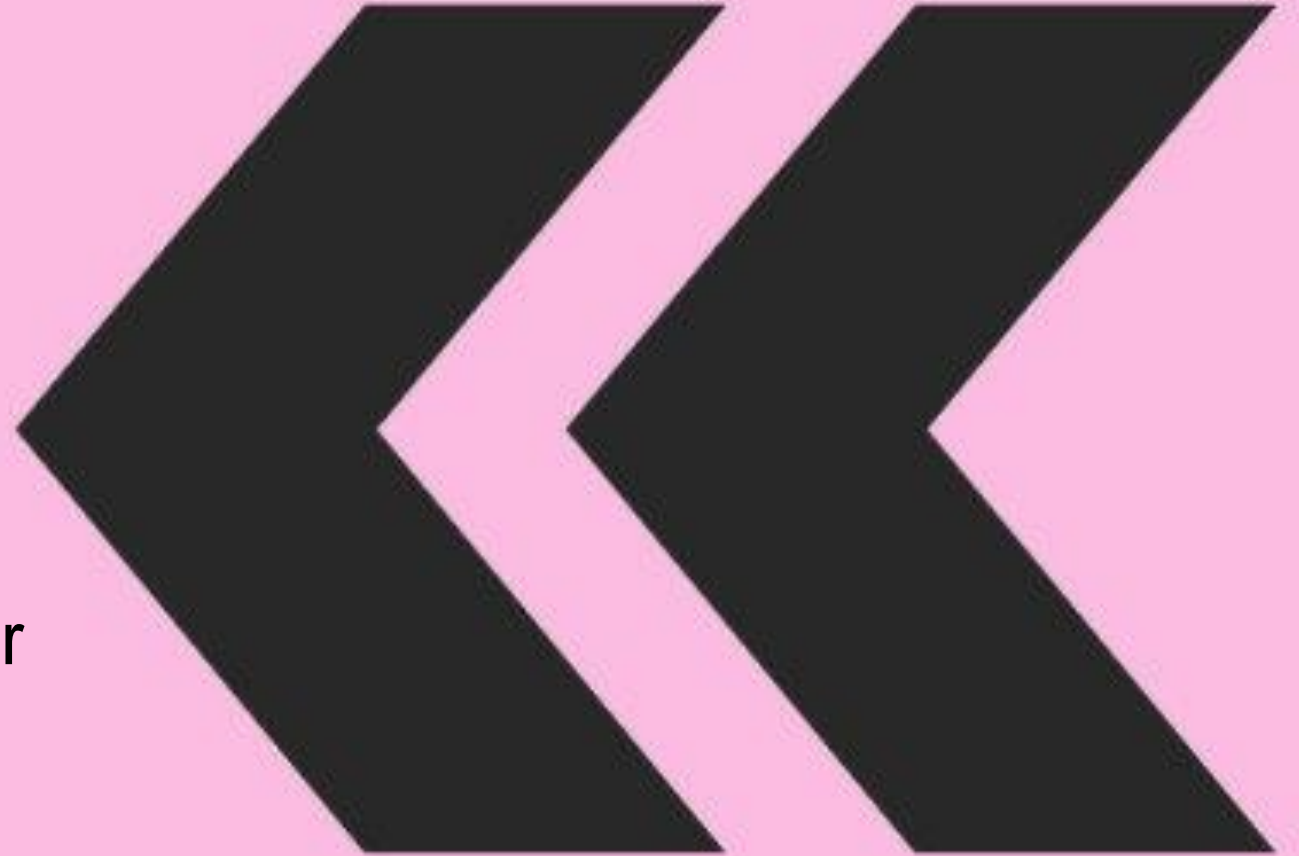
**Guide Dogs.**



# Eligibility

**Who can access GDN services?**

In short, people living with low vision or blindness are eligible for Guide Dogs services.



We do so much  
more than just 'the  
dogs' -

We're all about  
*People!*

**Guide Dogs.**



# Low Vision and Blindness

There are huge variations in visual function depending on an individual's eye condition and their own experience.

Only a tiny proportion of the Australian population - and clients of Guide Dogs – have total vision loss, *Low Vision* is far more common.

Guide Dogs.





# Cataracts



# Age-Related Macular Degeneration



# Glaucoma



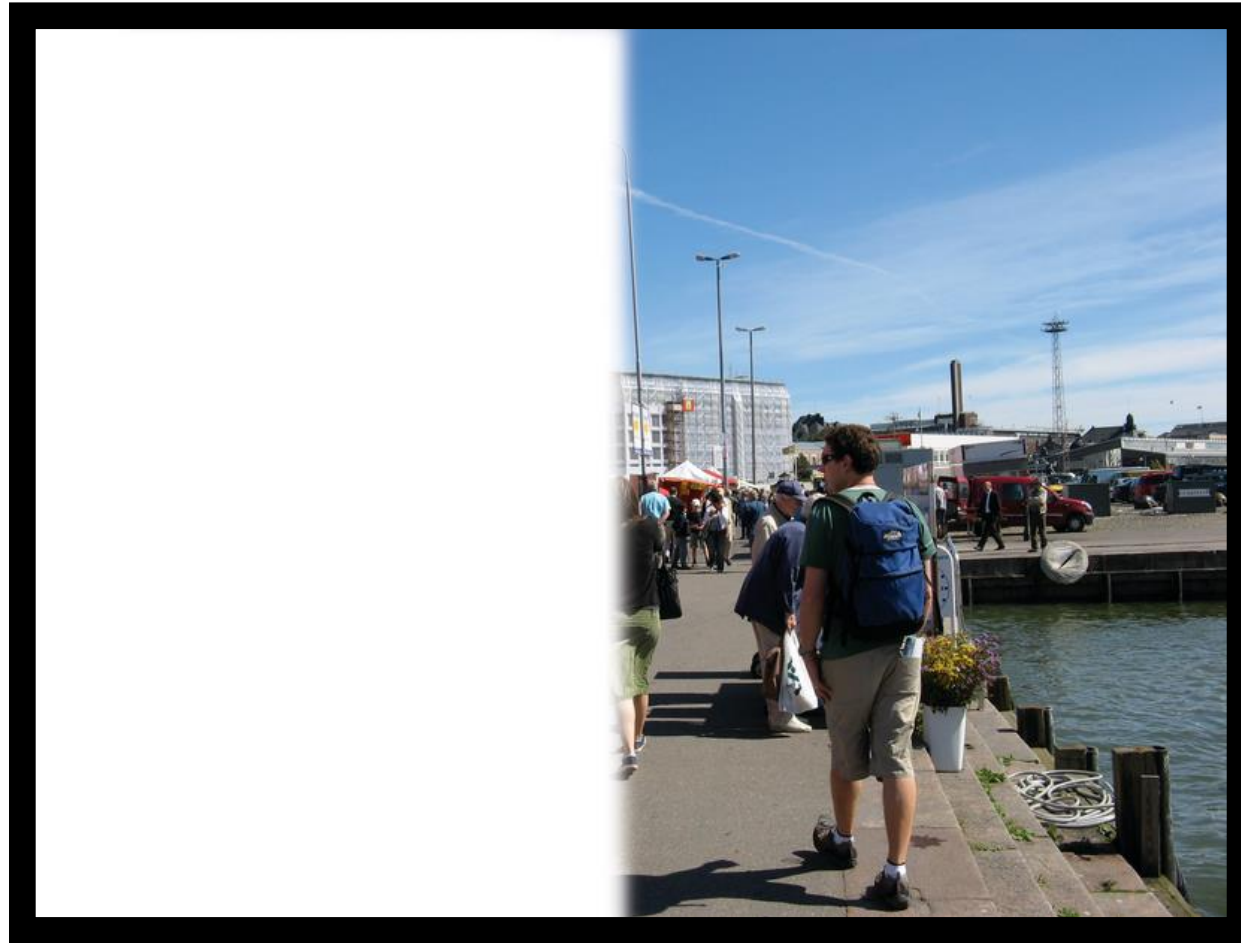
# Retinitis Pigmentosa (RP)



# Diabetic Retinopathy



# Hemianopia



# Definitions

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**Low Vision?**

**Legal Blindness?**

**Total Vision Loss?**

**Functional Vision?**

# Definitions

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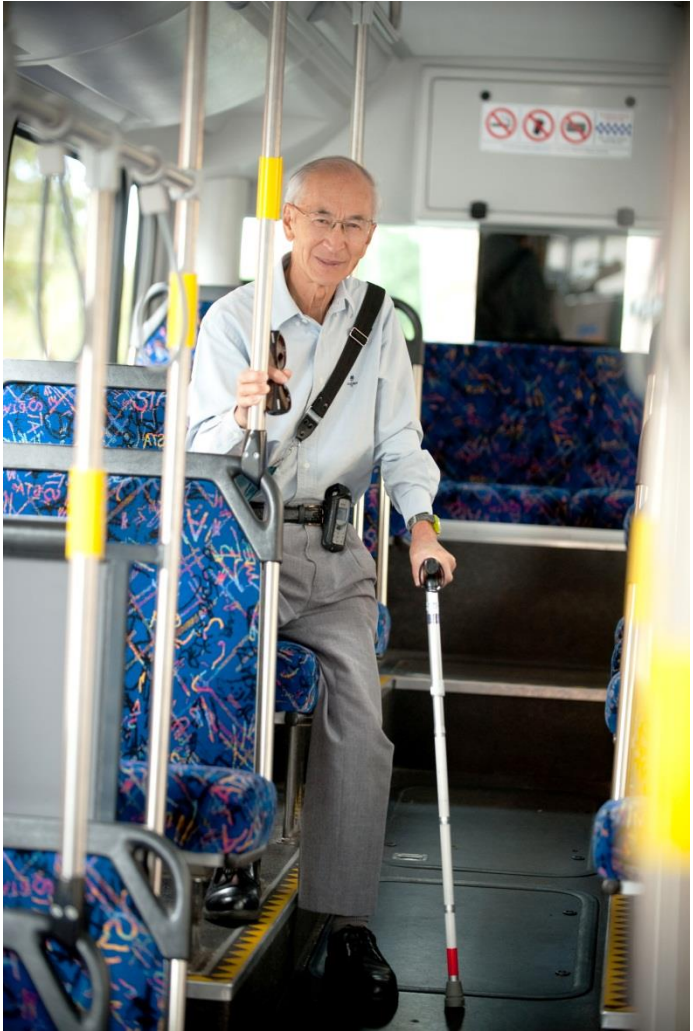
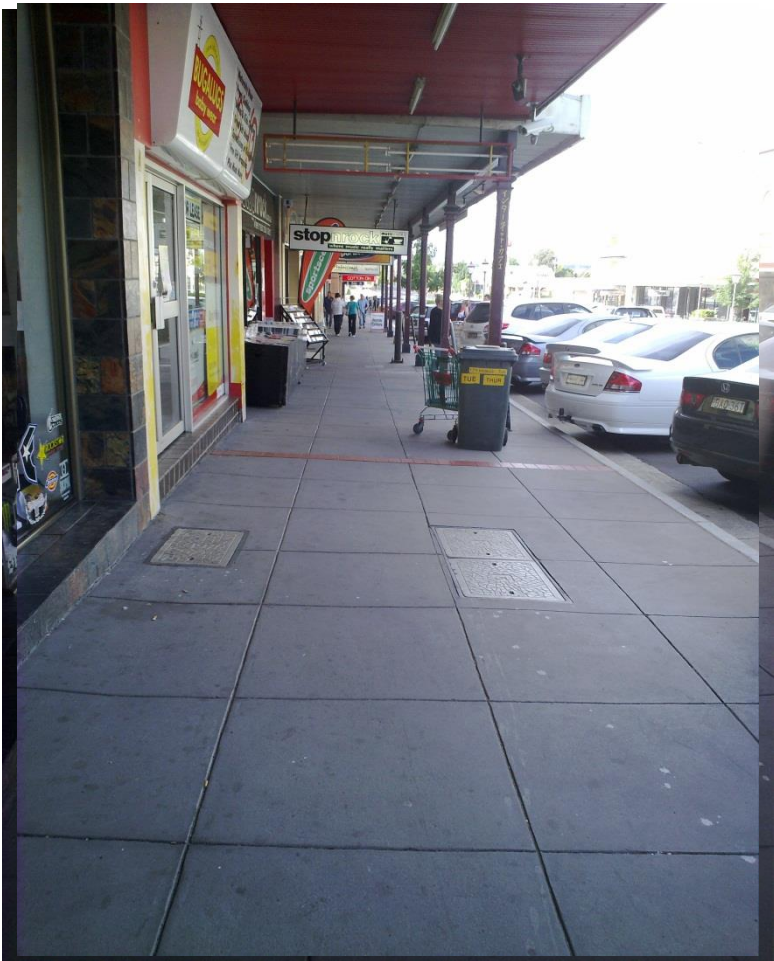
- **Low vision:** permanent vision loss that cannot be corrected with spectacles and glasses and impacts on daily function.
- **Legal blindness:** a person who cannot see at 6 metres what a normally sighted person can see at 60 metres or has a field of vision restricted to 20 degrees diameter or less, or a combination of both.
  - Eligible for special benefits and services
- **Total vision loss:** severe vision loss- with or without light perception
- **Functional vision:** functional vision refers to how well a person performs while interacting with the visual environment. How they use their vision in everyday activities.



# Approximate example of Legal Blindness



# Examples of functional vision loss



Guide Dogs.

# Examples of functional vision loss



Guide Dogs.

# Examples of functional vision loss



# Funding for Guide Dogs' services

- NDIS
- MAC (HCP and CHSP)
- iCare
- Guide Dogs' donors / fundraising
- Access to donor funded equipment
- No equipment for retail except for canes and tips, and a miniguide (ultrasonic aid)



# Additional disabilities or health considerations?

Considered in their impact on daily function in addition to vision loss or blindness but main objective is to provide support for people experiencing issues in daily life due to vision loss and blindness.



# Client Services Overview

1. Orientation and Mobility (O&M)
  - General O&M
  - Early Childhood O&M
  - Brain Based Vision Loss O&M
  - Guide Dog Mobility
2. Occupational Therapy
3. Low Vision Orthoptic Service (access to information)
4. Assistive Technology (access to information)
5. Connections service
6. Access advice and advocacy (digital + built environments)



## Introduction to Accessible Content

In these free introductory units, you'll start to learn why and how to create accessible content.

[Enroll for free](#)

### Course outline

Introduction to accessible content



Course outline

# Free!



# Outward Bound and Land's Edge - teenagers



# Outward Bound and Land's Edge - teenagers



# Outward Bound and Land's Edge - teenagers



**Guide Dogs.**

# Outward Bound and Land's Edge – teenagers



# Outward Bound and Land's Edge - teenagers



# Outward Bound and Land's Edge - teenagers



# Outward Bound and Land's Edge - teenagers



# Outward Bound and Land's Edge - teenagers





# Make a referral.

Referrals are welcomed from individuals, family members and health professionals.



[guidedogs.com.au](https://www.guidedogs.com.au)

1800 436 364

**Thank you**



**Guide Dogs.**



**Sarah Callaghan**  
Community Engagement Specialist

Lake Macquarie City Council



# Community Engagement

Lake Macquarie City Council

# Community Engagement

- Community engagement means involving people in the decisions that affect their lives. It enables good governance and informed decision-making
- Engaging with our stakeholders and community allows us to gather feedback, which may include views, needs, issues and aspirations, and use this information to make effective, robust and sustainable decisions
- While engagement does not replace the final decision-making of the elected Council, community engagement plays an important role, ensuring the final recommendations made by staff are equitable and well-informed

# Community Strategic Plan 2025-2035

- Our Community Strategic Plan is a key strategic planning document that is developed in collaboration with our community
- It shares the community's visions and aspirations for the future of Lake Macquarie
- It guides the future direction of Lake Macquarie City for the next 10 years and maps out the strategies and actions we will take to achieve our community's vision for the city



# Community Strategic Plan 2025-2035

How will the community share their ideas and feedback?

- Our survey launches on 1 May. The survey will be advertised in several ways to ensure we reach a diverse range of community. The survey will be available on [shape.lakemac.com.au](https://shape.lakemac.com.au)
- Pop-ups will be held throughout the city for face-to-face feedback
- Consultation with Council representative committees (e.g. Access and Inclusion Advisory Panel and Social Portfolio)
- Previous engagement (e.g. Customer Satisfaction Survey)
- 100 Voices Community Summit, made up of 100 residents representative of Lake Mac's population.

# Community Strategic Plan 2025-2035

- We're seeking 100 community-minded people to represent Lake Mac and be part of the conversation that will help shape Council's planning for the next 10 years and beyond.
- The event will be held on Saturday 20 April and will include group discussions, activities and morning tea. Each participant will receive a \$100 gift card to thank them for their time.
- Scan the QR code to register your interest in attending 100 Voices. EOIs close Friday 5 April 2024.





# Social objectives and outcomes

CSP objectives	Council's strategic outcomes
Everyone can enjoy an active lifestyle	Public spaces are accessible
	Our community has access to places for informal exercise and recreation
	Our community can find places to play organised sport
	You can walk and cycle safely around the city
People are connected to their community	Our community, cultural, sports and leisure facilities have high visitation and usage
	Public spaces are well used
People in our city can access the facilities and services they need	People know where and how to access Council services
	Priority populations have access to tailored services
	Our facilities and services are welcoming and accessible to everyone
	Our customer experience is consistent
Our history and heritage are recognised and protected	The natural setting and landscape of the city is protected
	We preserve items and stories that are important to Lake Mac's history
Our community is involved in decisions that affect them	The community can be involved in projects and programs that improve the city
	Our customer experience processes are transparent
	Priority populations can participate in Council decision-making
Our city is clean and comfortable	Public spaces are designed and maintained to reduce anti-social behaviour
	Our built environment manages urban heat
	Our waste operations meet community expectations
	Pollution is managed

# Aboriginal Community Plan - Bayikulinan

- Council are currently reviewing and updating our Aboriginal Community Plan - Bayikulinan and we are seeking community feedback to help shape the plan
- A survey is now open and will close Tuesday 30 April 2024
- Scan the QR code or head to [shape.lakemac.com.au](https://shape.lakemac.com.au) to complete the survey



# Other engagement opportunities

- Community are encouraged to share their ideas and feedback on our city shaping projects
- Project updates and community consultations can be found on our Shape Lake Mac webpage
- You can sign up to Shape Lake Mac to get regular updates and other information from Lake Mac Council so you can help create a vibrant, thriving Lake Macquarie
- Scan the QR code or head to [shape.lakemac.com.au](https://shape.lakemac.com.au) to register
- We encourage you to register as well as promote to your networks to ensure we are hearing more voices in our community



An aerial photograph of a boat moving across the water, leaving a white wake. The water is a deep teal color. The boat is in the lower right quadrant of the image.

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# Questions

 [LAKEMAC.COM.AU](http://LAKEMAC.COM.AU)  [LAKEMACCITY](https://www.facebook.com/LAKEMACCITY)  [OURLAKEMAC](https://www.instagram.com/OURLAKEMAC)