

Harness and Amplify

Interagency – August 2024

Combined session CN and LMCC



City of
Newcastle

Acknowledgement of Country

**We all sit on Awabakal and Worimi land
'Niirun Yalawa Awabakal and Worimi burrei'**

City of Newcastle (CN) acknowledges its Local Government Area (LGA) sits within the Country of the Awabakal and Worimi peoples. We acknowledge that Country for Aboriginal peoples is an interconnected set of ancient relationships. We acknowledge the custodianship of the Awabakal and Worimi peoples and the care and stewardship they have performed in this place since time immemorial.

**Always was, always will be Aboriginal land
'Wunyibu wunyibu warra wunyibu wunyibu kuumba
Guuri burrai'**



Agenda

9:35am Acknowledgement of Country

Meeting theme **Harness and Amplify**: harnessing our sector strengths and opportunities for enhanced community sector/ organisations / community/ client success through collaboration with others

9:40 Presentation

- Jen O' Sullivan, CEO
- Path 2 Change - <https://www.path2change.org.au/>

10:00 Presentation

- Anna Noon, Director Partnerships and Programs
- Groundswell Collective - <https://thegroundswell.org.au/>

10:20 Morning tea and networking

10:45 Presentation

- Gener Lapina, Case Management Specialist
- Mosaic Multicultural Connections - <https://mosaicmc.org.au/>

11:05 General updates from attendee services

11:30 Meeting close



Committed to preventing and
reducing homelessness.



www.path2change.org.au

Jennifer O'Sullivan
Chief Executive Officer,
(e) jenosullivan@p2c.org.au
(m) 0499 008 433

www.path2change.org.au

Harness & Amplify

“How to harness our strengths and opportunities for enhanced services/community/client success through collaboration with others”.

Harness (verb) - put a harness on (a horse or other draught animal) and ***control and make use of***

Amplify (verb) - ***increase the volume*** of (sound), especially using an amplifier

OR – Take hold & grow



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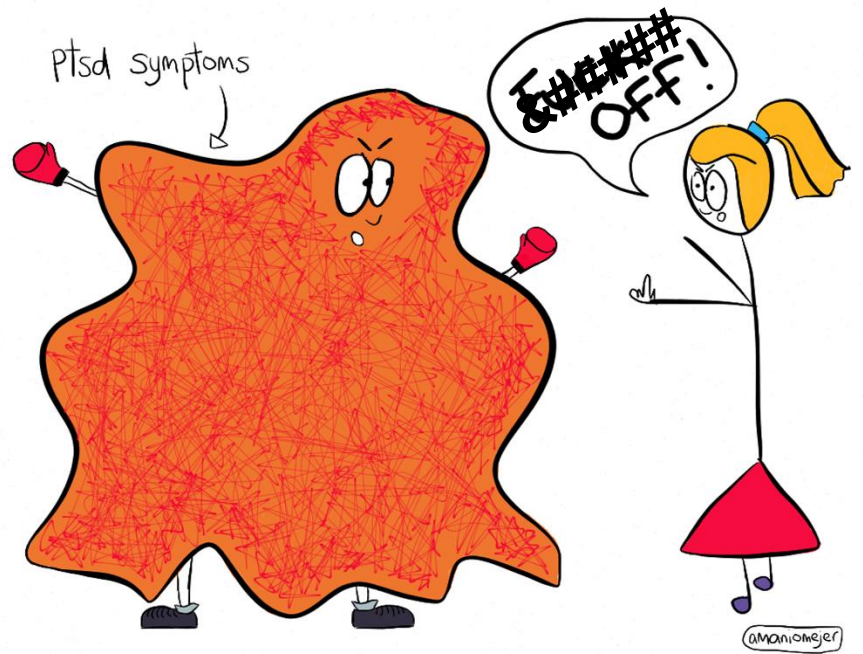


17th September 1982.
NSW Police Academy
Redfern. NSW.

Aged: 19 years
Stations: Darlinghurst/Kings Cross; The
Rocks & Central.



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What Happened?

- Formerly Newcastle Youth Accommodation Services (NYASL)
- in 2013 we became **Path 2 Change (P2C)**
- **GHSH** reform – *lost contract to Samaritans.*
- Where to go from there??? The organisation? My position?

Harness:

- Approved for 'Special Service' Funding 9-month Pilot program (**YOUTH PATHWAY PROGRAM**) to Co- case manage youth who are homeless or at risk of homelessness with **Specialist Homelessness Services** delivering Intensive client management support to access **Education, Training and Employment** opportunities.
- This was an opportunity to be harnessed!



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Amplify:

- Opportunity to demonstrate the demand and why the services were different than job network agencies
- Demonstrate the effectiveness of collaboration and co-case management
- Become a specialist in our sector
- Add value to program by securing grant funding to enhance services for young people (ie brokerage)
- Creating opportunities to educate the wider community issues relating to youth homelessness
- Extend the program to be fully funded



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Youth Pathway Program

- Funded by the Department of Communities and Justice (DCJ) works with clients at risk or experiencing homelessness. Path 2 Change (P2C) supports young people aged 16 – 25 in collaboration with Specialist Homelessness Services (SHS) to ensure a holistic approach to support.
- P2C develops strategies to address individual barriers that young people may be experiencing when accessing assistance towards education/training and employment opportunities.
- P2C develops pathways that are embedded across the SHS sector. P2C has significant relationships with local businesses, and educational and training organisations, which assist young people to access support.



Areas Covered: Newcastle, Port Stephens, Hunter Valley & Lake Mac.

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Referral Partners Specialist Homelessness Services

- Samaritans
- Allambi Care
- Wandiyali
- Port Stephen's Family Support Service
- Jenny's Place
- NOVA for Women
- Matthew Talbot – St Vincent De Paul
- Ungooroo
- SIL program – Catholic Care



Harness:

An opportunity presented in 2017 to apply for **Premier Youth Initiative Pilot** Program addressing young people leaving Out of Home Care (OOHC), transitioning into homelessness services.

- Developed partnership with Samaritans, Youth Connections and My Foundation Youth Housing to tender for program as a 'Consortium'
- P2C stays in lane but seizes opportunity!



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Amplify:

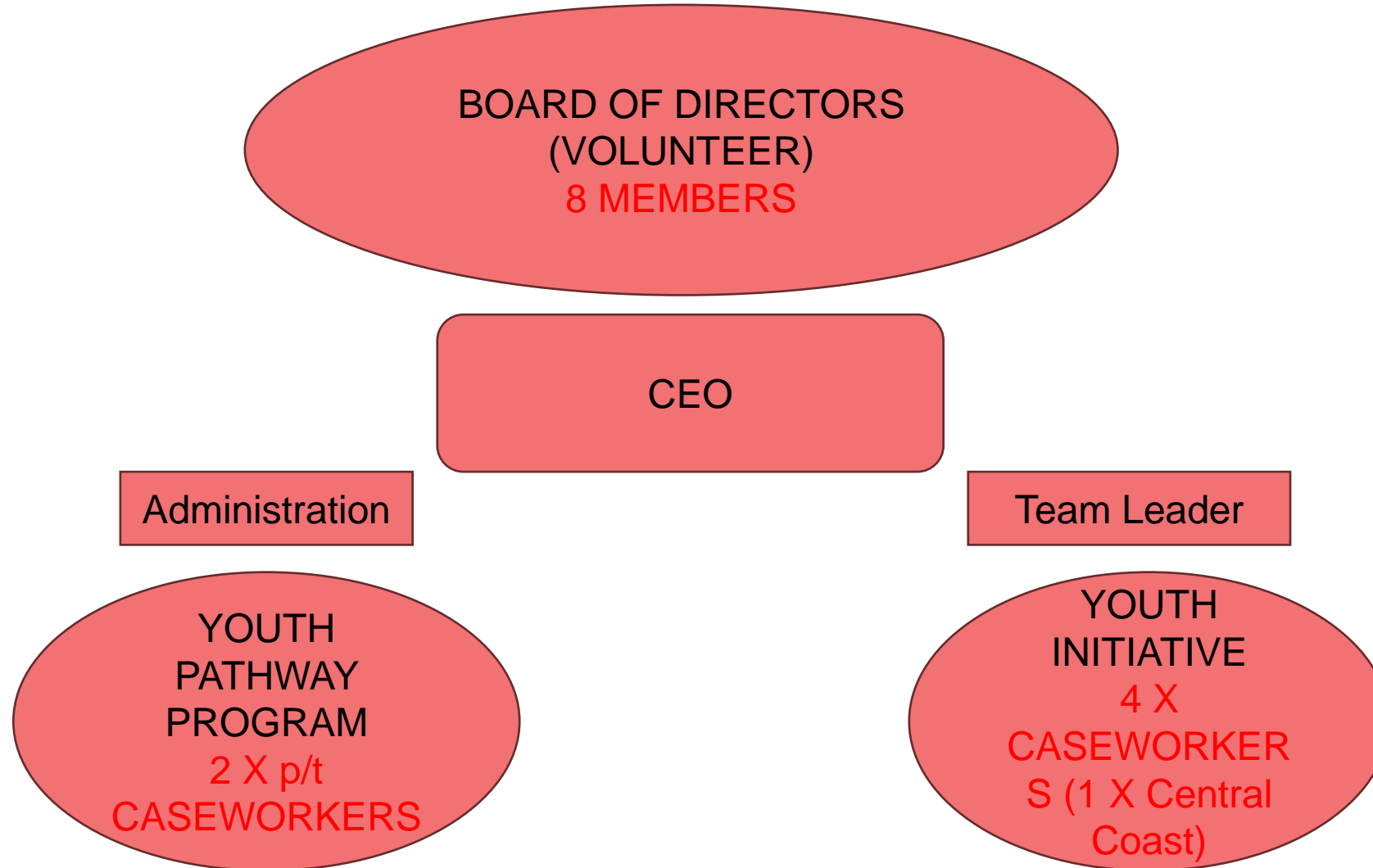
Youth Initiative

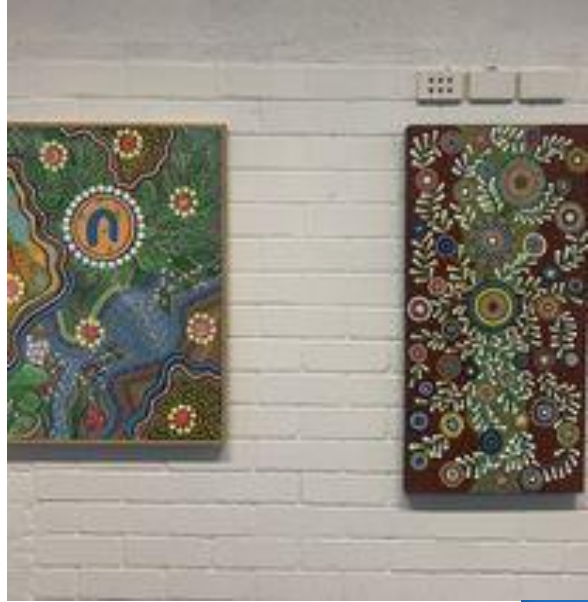
- The **Youth Initiative** provides a combination of personal advice, education and employment mentoring, transitional accommodation support, and long-term accommodation to help young people successfully transition into independence.
- This approach allows P2C to work with the young people for up to three years, before and during their transition from OOHC.



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Organisation's Structure:





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Harness:

Path 2 Change and Gundog Estate



Path 2 Change and Gundog Estate developed a partnership in 2018. Initially Gundog raised funds to assist our young people with practical needs such as food, rent, fuel, opal cards, interview and clothing, driving lessons and school and course fees and equipment.

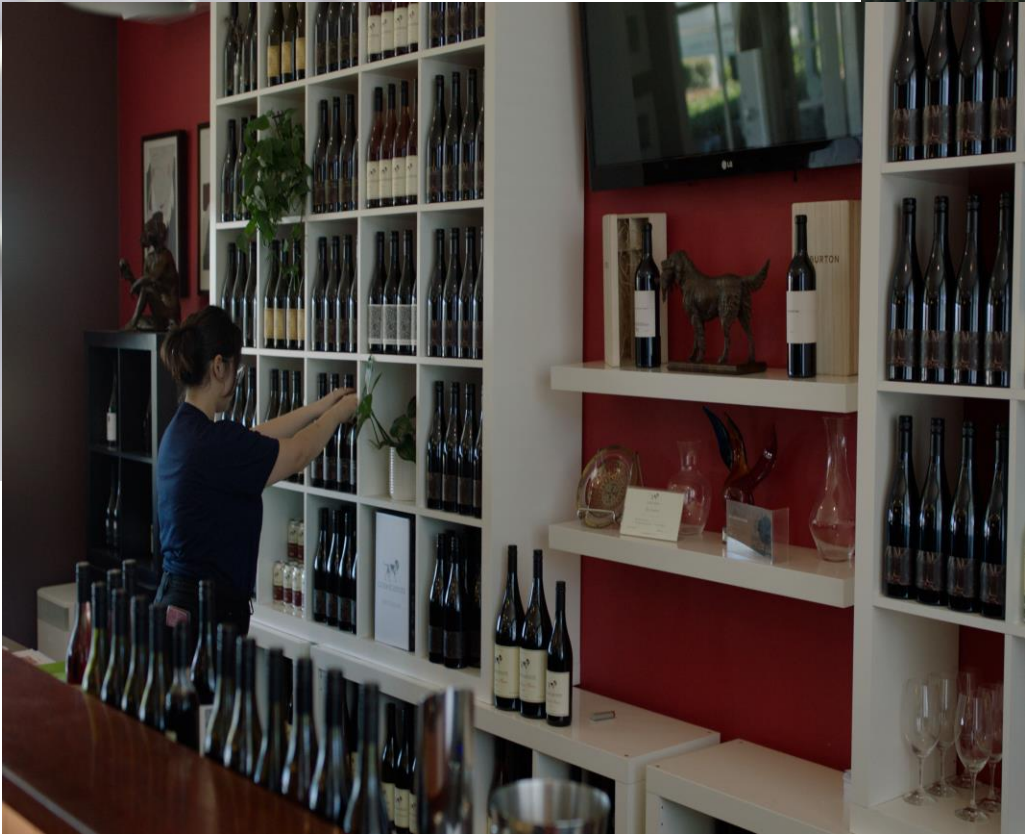
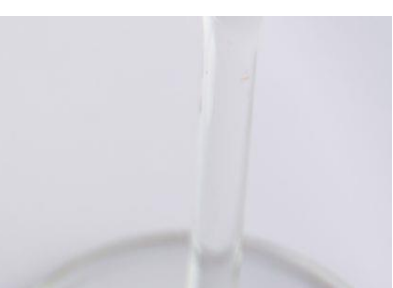
Amplify:

The partnership then developed the 'Work Experience' opportunity for our young people. The staff at Gundog Cellar Door provide training, support and mentoring to help our young people access experience to add to their resumes.

An added initiative developed to showcase a '**Limited Edition**' wine label which raises additional funds for our young people but more importantly highlights the journey of young people of their 'Lived Experience' in homelessness. The label is a wonderful opportunity to create awareness about the issue of youth homelessness in our local region.



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Our initiatives – we identify needs and respond!

NEED	RESPONSE	INITIATIVE	FUNDING
Brokerage			Mantana - \$10,000
Manage symptoms of depression, anxiety & self-harm	Developed fun group exercise activities with workshops around nutrition and others.	Me Unlimited	NIB - \$45,000
Mentor to help with living skills	Matched mentors with young people to assist with life skills ie shopping, driving lessons (later continued to provide volunteers to give driving lessons)	Mentor2Change	Aurizon - \$20,000
Life Skills	Developed and facilitated Life Skills workshops (later continued as fee for service to SAEP and APM)	Empower Me	Ansvar - \$25,000
Brokerage	Items for ETE opal cards, phone credit, interview clothing, food, medication.....		CAANZ - \$14,000
Life Skills Online	COVID lockdown – delivered life skills workshops online to young people who were isolated and disconnected.	Empower Me (online)	City of Newcastle - \$20,000
Brokerage	Rent, fuel, ID, licences, casual clothing, school fees, textbooks and much more....		SWGC - \$6,000
Brokerage, driving lessons, work experience	Work experience at Cellar Door & warehouse Partner for driving lesson initiative Developed wine label to raise awareness of youth homelessness Brokerage		Gundog Estate - \$40,000

Harness: The Lived Experience Forum

Path 2 Change holds a youth forum annually to spend time listening to the stories and insights of some truly remarkable young people.

Their courage and strength inspire us all, and their voices are the driving force behind creating opportunities for positive change within Path 2 Change and the homelessness and community sector.



Amplify!

As we move forward, Path 2 Change is dedicated to taking meaningful action.

We are actively exploring ways to provide additional support and resources to address the gaps that were highlighted, and looking at ways we can continue to meet the current needs of the young people we support.



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THE LIVED EXPERIENCE RESPONSE PLAN 2023



Response Plan P2C:

YP = Young people

Goal	Tasks	Responsibility	Timeframe	Resources	Outcomes
Deliver Mental Health workshop for YP	Hold 2 hour MH (smiling minds) workshop for 8 YP.	CEO & staff	6 months	Funds to run Empower Me program or single workshops	
Deliver Budgeting workshop for YP	Hold 2 hour budget (I need a dollar) workshop	CEO & staff	6 months	Funds to run Empower Me program or single workshops	
Transport - Driving lessons (licence)	Develop driving program Seek funding support Recruit & train volunteers	All staff	3 months	Onboard volunteers Vehicles Funding for lessons	
Work Experience	Staff to develop partnerships with targeted businesses for work experience	All staff	12 months	Ad hoc items for young people engaging in work experience	
Deliver First Aid Course	Hold First Aid course through RTO.	All staff	3 months	RTO provider	

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Pathway Wheels

Proudly sponsored by Gundog Estate:

Youth Driver's Licence Pilot Program for Young People experiencing Homelessness.

The Youth Driver's Licence Program '**Pathway Wheels**' aims to assist young people experiencing homelessness in obtaining their driver's Licences. Young people experiencing homelessness often do not have family or other supports to support young people with driving lessons.

This program recognises the significance of having a driver's Licence for accessing employment opportunities. It combines a hybrid model, leveraging both volunteer instructors using a work car, and paid driving lessons from a driving school. By providing the necessary training and support, we empower homeless youth to enhance their employability and independence.

By providing homeless youth with the opportunity to obtain their driver's Licences, this program aims to expand their access to employment options, promote independence, and increase long-term stability and prevent ongoing homelessness.

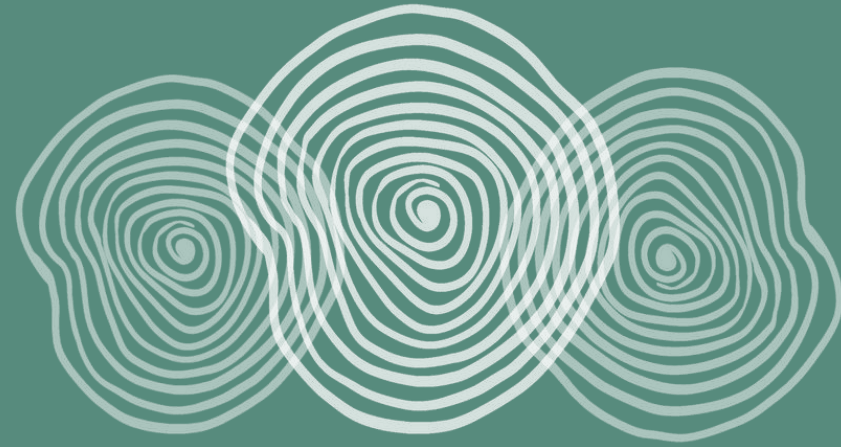


• “Come to the edge,” he said.
“We can’t, we’re afraid!” they responded.
“Come to the edge,” he said.
“We can’t, We will fall!” they responded.
“Come to the edge,” he said.
And so they came.
And he pushed them.
And they flew.

• **Guillaume Apollinaire, 1880-1918**

A photograph of a person with glasses and a ponytail sitting at a wooden table in a meeting room. They are looking towards the right. The room contains a computer monitor on a desk in the background and a person in a denim jacket on the right. The text "Thank you!" is overlaid in white on the image.

Thank you!



Groundswell
COLLECTIVE

Harness and Amplify

THE GROUNDSWELL COLLECTIVE



Anna Noon

Co-Founder /
Director, Partnerships and
Programs

thegroundswell.org.au

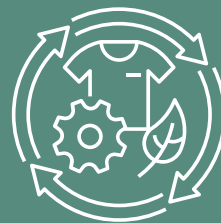


A passionate collective of local changemakers.

We work with partners to deliver impactful projects that help to:



accelerate the transition to renewable energy and net zero



support the sustainable use of resources and adoption of circular economy principles and practices, and



increase tree cover and promote the planting of indigenous Australian plants



Partnerships, Planning,
Contract management,
Commissioning, Direct
Client work, Community
Engagement and
Sustainability



An aerial photograph of Lake Macquarie, showing the lake's winding shape and surrounding urban areas. A large green circular overlay is positioned on the right side of the image, containing white text. The lake's water transitions from a deep blue in the upper reaches to a lighter, turquoise-green near the shorelines. The surrounding land is a mix of residential developments, green spaces, and some industrial or commercial areas.

Lake Macquarie

Population of 215,000 is set to grow by 40,000 people in the next 20 years.

By 2036 Lake Mac will need an additional 13,700 new dwelling – resulting in significant land clearing



HABITAT LOSS



SPECIES
EXTINCTION



EXACERBATING
CLIMATE CHANGE



Tiny Forest - Small yet complete ecosystem





10

FASTER

X



30x

DENSER



100x

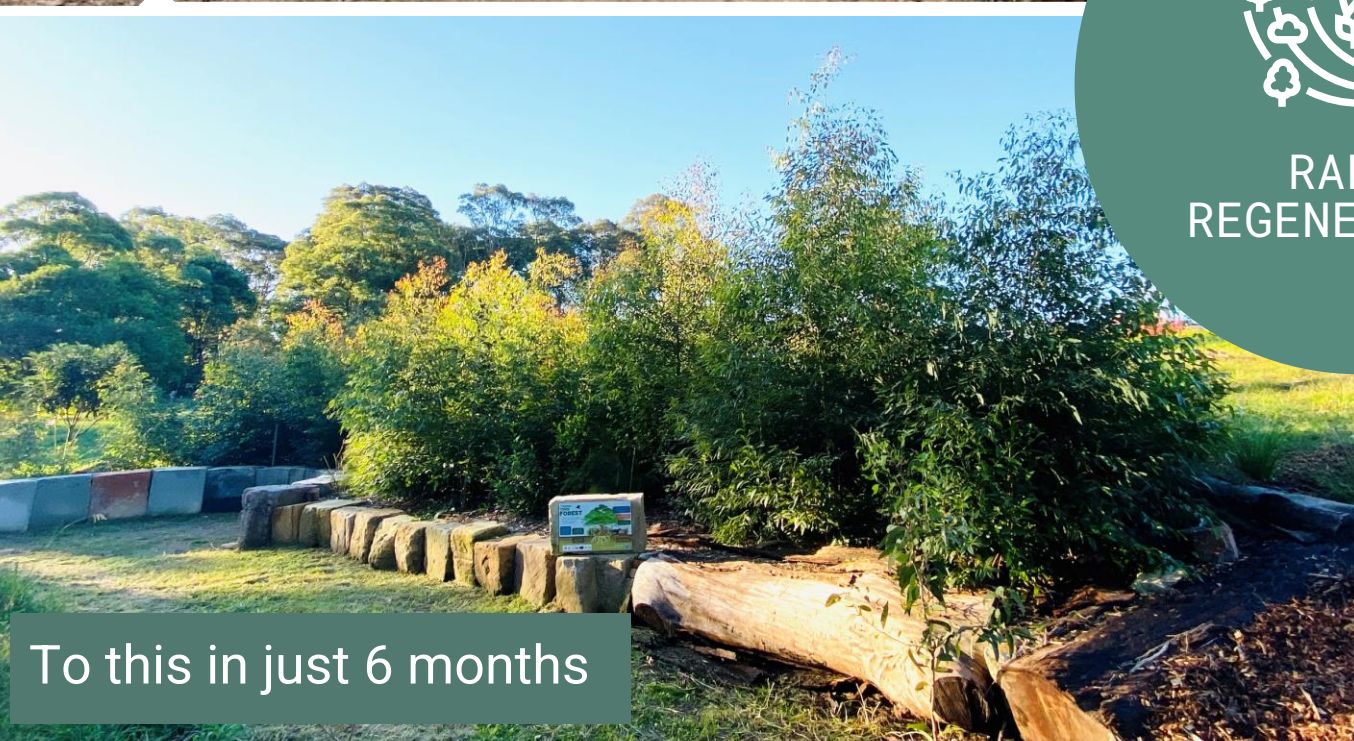
MORE BIODIVERSITY



Urban Hum Tiny Forest
From this



Lake Mac Tiny Forest
From this



To this in just 6 months



To this in 12 months



400

STUDENTS AND
COMMUNITY MEMBERS



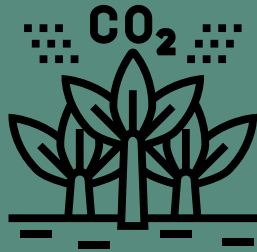
THE GROUNDWELL COLLECTIVE

Tiny Forest Benefits

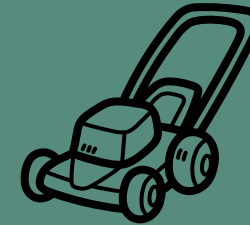
Rapid
Regeneration



Capture
Carbon



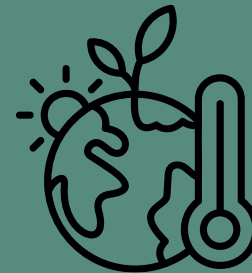
Habitat for
Biodiversity



Reduced
Maintenance



Improving
Community
Resilience



Reduce
Temperatures



IMPROVING
COMMUNITY
CONNECTIONS



Top Tips

Harnessing Resources



Collaboration and Partnerships

Foster relationships with

- community organisations/group
- businesses – local and national
- local government
- Schools/Uni/Tafe

Pool resources and expertise.



Tiny Forest Partners





Volunteer Engagement

- Meet a need
- New and novel projects
- Practical and hands-on
- Maximize their contributions







Resource Mobilisation

- Get creative with fundraising
- Explore grants
- Consider Crowd-funding
- In-kind resources

Planting Hope: A Tiny Forest for Pollinators and Climate Action

Subscribe



Gallery (10)

\$2,815 pledged

113% of \$2.5k goal

32 contributors

0 days left

Ended Oct 14, 2023



Amplifying Impact

Data and Storytelling: use data-driven insights and compelling storytelling to convey impact and attract support.






**Eucalyptus
punctata - grey
gum**

**Outside the
forest
175cm**

vs

**Inside the
forest
460cm**





Advocacy and Awareness

Consider way to advocate for policy change and raise awareness about community issues to mobilise action.






Scaling Programs

Goal is to scale successful community programs and initiatives to reach more beneficiaries.

THE GROUNDSWELL COLLECTIVE

5 years = 30 tiny
forests



18000
TREES

98.8%

survival rate =
8.7tCO₂e
per year by 2030

25,000

People directly engaged
and provided with
information on nature-
based solutions to climate
change.

A photograph of a young plant with green and reddish-brown leaves in a black nursery pot. The text "Plus consider" is overlaid in white.

Plus consider

Sustainability and Longevity

Building Resilience: How are you assisting to build resilient community service organisations/community that can weather challenges and sustain impact over the long term.

Evaluation and Continuous Improvement: The importance of ongoing evaluation, feedback loops, and continuous improvement to optimise effectiveness.



Community Empowerment

Capacity Building: Supporting community members and organisations to develop skills, resources, and leadership capabilities.

Equity and Inclusion: Ensuring that efforts to harness and amplify benefit all members of the community, especially marginalised groups.



Questions



anna@thegroundswell.org.au



thegroundswell.org.au

Practice ideas
within
Harness and Amplify



mosaic
multicultural connections

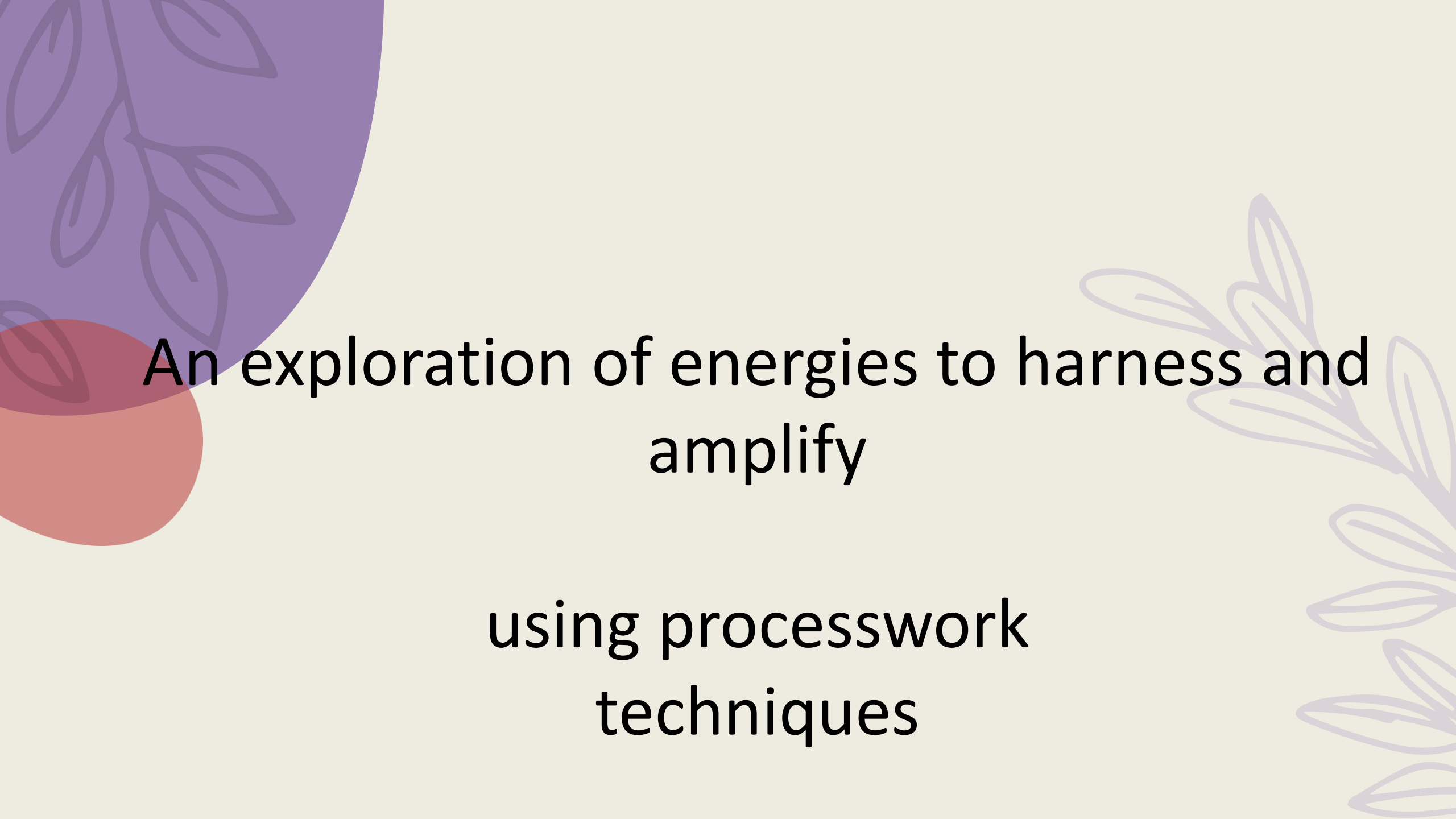


mosaic



IntraConnect





An exploration of energies to harness and
amplify

using processwork
techniques



What are we harnessing?

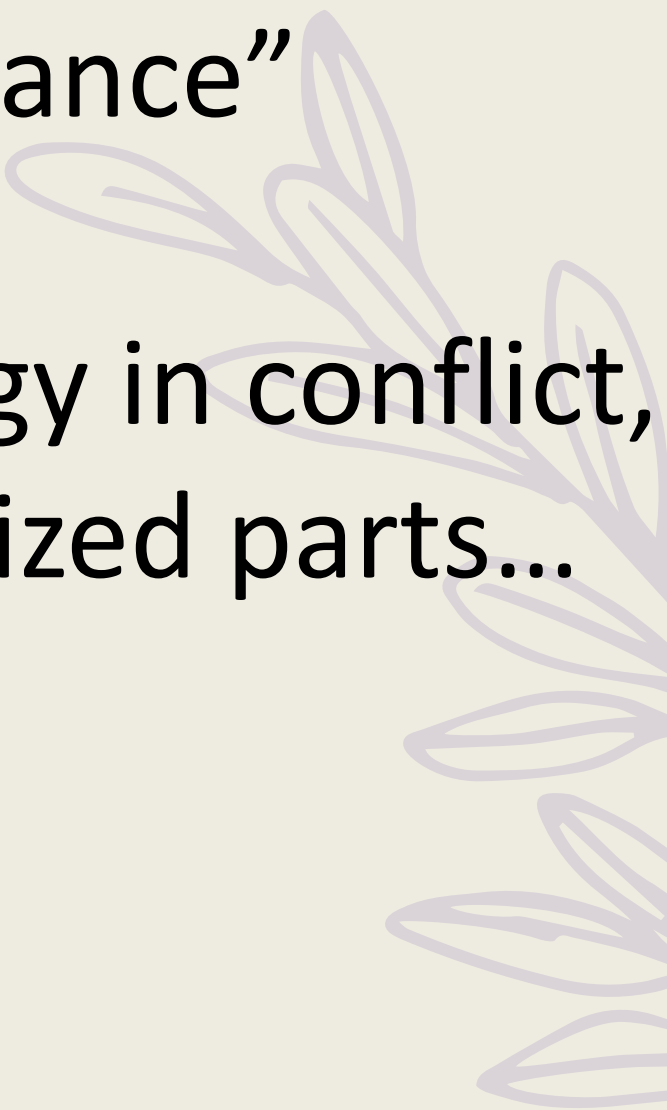
We often draw from our existing resources, existing strengths, existing partnerships, limited budgets, with already limited energy...

In community work – we give all that we've got with what we have.



Harnessing the “disturbance”

Finding the useful energy in conflict,
difference, or marginalized parts...



Innerwork exercise: **Disturbers as Allies**

- 1) Think of a client, colleague, or other worker that bothers or annoys you, write a few words what irritates or disturbs you?
- 2) Recall your favourite nature spot. Let your mind go fully relaxed and fuzzy. Find the essence of the disturbance (essential energy) by taking stance or moving like the disturber person.
- 3) Make an image/sound/or movement that fits this energy. What is its essence? Write some words about its essence.
- 4) Where in your work or life do you need this energy?
- 5) Embody this energy. As you become this energy, what is your message to your everyday self?

Innerwork exercise: **Ancestor Triad**

- 1) In your mind, go to your favourite nature spot,
 - a) from this nature spot, look back at your everyday self at work and describe yourself as a worker in three words

- 2) Think of a client, colleague, or other worker that you support; then sit or move like this client/worker; describe this client in three words

- 3) Think of a teacher or guide that you look up to; become and move like this teacher, describe this teacher in 3 words.

Sources:

Processwork / Process-oriented psychology – Arnold Mindell

Deep Democracy

<https://www.deepwell.xyz/>

<https://anzpop.org/training-programs/process-work-public-courses/>

<https://www.linkedin.com/in/beckronkson/>





“Harmony is a wonderful thing, but not nearly as powerful as awareness.”

Arnold Mindell

“We are the instruments that work in the world with people and so our greatest responsibility is to develop our deepest skills and awareness from the inside out to enable us to be of greatest service to others and to the world.”



Arnold Mindell

Combined Interagency Meeting August 2024

Attendee List

Brittany Szlezak	bszlezak@lakemac.nsw.gov.au
Heron, Nicki	Nicki.Heron@servicesaustralia.gov.au
Meaghan French	MeaghanF@homeinplace.org
Sarah Allen	sarahallen@p2c.org.au
Carpenter, Heidi	Heidi.Carpenter@servicesaustralia.gov.au
Courtney - HIPPY Eastlakes	
Kent Kingston	kent.kingston@idrs.org.au
Miza Torlakovic	M.Torlakovic@mosaicmc.org.au
Chadai Watts	ChadaiWatts@hunterprimarycare.com.au
Jawaid Pardehi	J.Pardehi@mosaicmc.org.au
Michelle Kot	mkot@wellways.org
Sarah Morrow	sarahm@ransw.org.au
Terri Carter	terric@thecanopy.org.au
Lisa Davis	ldavis@ncc.nsw.gov.au
Sarah Kemp	Sarah.Kemp@vinnies.org.au
John Biswas	J.Biswas@mosaicmc.org.au
Madeline Olivieri	molivieri@uniting.org
Sally Bingham (HNE LHD)	SallyAnne.Bingham@health.nsw.gov.au
Emily Pile	epile@hunterprimarycare.com.au
Jessica Kyle	jessica.kyle@service.nsw.gov.au
Pam Christy	Pamela.christy@service.nsw.gov.au
Rich Stark	Rstark@beyondbank.com.au
Julia khalifeh	Julia.khalifeh@service.nsw.gov.au
Mikaela North	Mikaela.north@allambicare.org.au
Rebecca	Rebecca.j.smith@allambicare.org.au
Anna Noon	Anna@thegroundswell.org.au
Theodore	Theodore.gambrill@service.nsw.gov.au
Jennifer O'Sullivan	Jenosullivan@p2c.org.au
Olivier Dreyfus	Olivier.dreyfus@homeaffairs.gov.au
Sarjoh bah	Sarjoh.bah@homeaffairs.gov.au
Carlos Castro	Carlos@bravefoundation.org.au
Kate Taylor	Kate.taylor67@tafensw.edu.au
Mary Ryan	mary_ryan272@yahoo.com.au
Tim Butcher	tbutcher@ncc.nsw.gov.au
Fiona Provost	Fiona.provost@ereafsn.edu.au
Kirra Warby	Kirra@swanseacc.org.au
Tricia Eldridge	triciaeldridge7@gmail.com
Marisa wilson	Mwilson@thepfn.com.au
Gener Lapina	.g.lapina@mosaic.org.au
Pauline Whitling	Pauline.Whitling@castle.org.au
Astrid hocking	heartsandhandscd@gmail.com
Kikki Tagaroulis	kikkit@thecanopy.org.au
Kellie Cuskelly	kellie-ann.cuskelly@tafensw.edu.au