

# About 7 years



Does the child display the following Life Skills?

Indicator	Date	Comment
Walk across a balance beam		
Skip with alternating feet		
Hop for several seconds on one foot		
Cut out simple Shapes		
Copy own first name		
Show well established handedness, demonstrate consistent left or right handedness		
Sort objects by: colour, shape or function (C/S/F)		
Name most Letters		
Name most Numbers		
Count by rote to 10		
Know what number comes next eg 6 7 8....		
Dress self completely (inc tie shoe laces)		
Brush teeth unassisted		
Name some concept of clock time in relation to daily schedule		
Cross street safely		
Draw a person with head, trunk, legs, arms and features: often adding clothing details		
Play simple board games		
Engage in co-operative play with other children, involving group decisions, role assignments, rule observance		
Use construction toys, such as Lego, blocks to make recognisable structures eg: cars, buildings		
Do 15 pce puzzles		
Use all grammatical structures: Pronouns, plurals, verb tenses, conjunctions		
Use complex sentences: carry on conversations		

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# About 9 years



Does the child display the following Life Skills?

Indicator	Date	Comment
Concentrate on completing puzzles & Board games		
Ask many questions		
Use correct verb tenses, word order and sentence structure in conversation		
Correctly identify right & left hands		
Make friends easily		
Shows some control of anger, using words instead of physical aggression		
Participate in play that requires teamwork and rule observance		
Seek adult approval for efforts		
Enjoy Reading and being read to		
Use pencil to write words and numbers		
Sleep undisturbed through the night		
Catch a tennis ball, walk across balance beam, hit ball with bat		
Plan & carry out simple projects with minimal adult help		
Tie own shoes		
Draw pictures with greater detail & sense of proportion		
Care for own personal needs with some adult supervision – wash hands, brush teeth, use toilet, dress self		

# About 12 years



Does the child display the following Life Skills?

Indicator	Date	Comment
Have energy to play, continuing growth & few illnesses		
Use pencil in a deliberate and controlled manner		
Express relatively complex thoughts in a clear & logical fashion		
Carry out multiple (4-5) step instructions		
Become less easily frustrated with own performance		
Interact & play co-operatively with other children		
Show interest in creative expression: Jokes		
Story telling		
Singing		
Art		
Writing		
Use eating utensils with ease		
Have a good appetite – Show interest in trying new foods		
Know how to tell time		
Have control of bowel & bladder functions		
Participate in some group activities: games, sports and plays		
Want to go to school – seems disappointed if must miss a day		
Demonstrate beginning skills in reading, writing and math		
Accepts responsibility & completes work independently		
Handles stressful situations without becoming overly upset		